

# Grant County Health Department

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NEWS RELEASE  
FOR IMMEDIATE RELEASE  
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## Grant County Health Department Reminds Residents to be Safe

The Grant County Health Department reminds residents that although restrictions related to COVID-19, such as businesses openings and mass gatherings, have been **LIFTED IN** Grant County, residents should continue to abide by good judgement, good hygiene, and social distancing practices.

This is pursuant to Governor Kelly's declaration on May 26 which allows each county to take the lead in how their communities are reopened.

Quarantines, however, which are issued by public health, are still in effect in our community. This includes travel quarantines outlined by the Kansas Department of Health and Environment, available at [www.kdheks.gov/coronavirus](http://www.kdheks.gov/coronavirus).

The Grant County Health Department reminds residents to take the following pro-active measures to help mitigate the spread of COVID-19 in our community.

- Staying home as much as possible
- Washing hands frequently with soap and water for at least 20 seconds. If soap and water is not available, use hand sanitizer with at least 60% alcohol.
- Avoiding touching your eyes, nose and mouth
- Distancing yourself from others when in public, especially if you are a senior or have a medical condition that puts you in a high-risk category.
- Covering your mouth and nose with a cloth mask when in public.
- Covering coughs and sneezes with an elbow or tissue. Throw the used tissue away and immediately wash your hands.
- Cleaning and disinfecting frequently touched surfaces daily.

"Taking care of your health and your family's health is important all the time, especially now," said Toni Irvin RN, Grant County Health Administrator. "We ask that all our county's residents and visitors continue to practice good hygiene to help all of us be safe and healthy."

For more information about good health practices and the latest information about COVID-19, visit [www.kdheks.gov/coronavirus](http://www.kdheks.gov/coronavirus) or [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).